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The Mindset Of Organization: Take Back Your House One Phase At A Time

THE MINDSET of ORGANIZATION

Take Back Your House One Phase at a Time



Synopsis

Have you bought and read more books on home organization than you can count? Let me guess: ¢ Go paperless. ¢ Get rid of everything that doesn't spark joy. ¢ Color coordinate your wardrobe. Um, yeah. I print emails, keep kids' school papers, and my wardrobe is anything that fits and isn't too revealing. And yet, I'm organized. There really is no denying that as you move through the various stages of your life, your organizational needs and the demands on your time will change. What phase of life are you in? I am 44 and in the survival phase of life (40-55). I'd be more organized if I didn't live in my car and spend every other minute working or taking care of the house. Maybe you are in the accumulation phase of life (21-40). Every time you get an organizational system working, you add something new. A new spouse, a new baby, a new job, a new house . . . You'd be more organized if things would stop changing every three months. What about the baby boomers (55+)? The kids are gone, but now you're left with a house full of memories and lots of stuff. What do you want? What do the kids want? And what about what's left over? Most organizational books on the market profess to have a one-size-fits-all solution to home organization. This one does not. I'm a former teacher, professional organizer, and productivity coach, and I know that organization is more than just 15-minute daily tasks or cute ways to use fun containers. As a generation translator and problem solver, I have been able to help hundreds of women in Cincinnati, Ohio and thousands of women around the world get their homes organized and keep them that way. Understanding which phase of life you are in will enable you to: ¢ Identify the unique organizational challenges you'll face. ¢ Implement lasting organizational solutions. ¢ Acquire and develop the skills you need to get organized. ¢ Deal with the emotional clutter in your storage rooms. This is the home organization book that will make the rest of the books in your collection make sense.

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Customer Reviews

I literally could not put this book down despite a heavy workload and pressing deadlines. As a Phase 4 reader, I found so many inspirational tips to get my house in order that my entire bedroom closet is now out on the bed in three piles - keep, donate, trash. And this is just the beginning. The author's style spoke to me on a very personal level and I read it from start to finish in just a couple of sittings - even the parts that weren't targeted at my age group. This is not a how to book; this is a why to book. You won't find detailed instructions for going through your stuff. You will find that you WANT to go through your stuff and de-clutter because of a can do attitude the author inspires. Thank you for writing this book Ms Woodruff, I'm thinking of leaving it under my family's pillows bookmarked with post it notes in the relevant phases!

It is possible to work oneself into a frenzy and get the whole home organized. Keeping it that way is what is really difficult. Lisa Woordruff builds upon what others have talked about and she helps you develop a plan that is practical and maintainable. She deals with all the difficult emotional issues that put us in the perpetual cycle of clutter and offers us the opportunity to hop off - keep the memory, lose the object. I found the very practical advice on how to start and then maintain very helpful.

I'm a lover of 'loose organization' but a firm believer that when everything has a place, it's easier to have enough organization to make life navigable. I'm also an artist and writer which are direct contradictions to the organized theory. This book is a must have for the harried homeowner who can't seem to get it together and needs some good instruction to make it happen. Worth the time and money to have this one in your home or Kindle library.

This is your chance to get into the mind of a professional organizer, and transform your home at the same time! In the Mindset of Organization, Lisa will guide you through identifying the phase of life that you are currently in - and the clutter challenges you are probably facing. In the skills chapter you will get some hands on help, like where to start on your home with some great information in-between. You will also enjoy links to Lisa's online material. Life is messy, and this book will help you get a handle on the mess!

This book has quickly become one of my favorite books about organizing the home. While I don't see myself as a "born organizer," I do love having a system that saves me time and helps me remember to deal with things before it's too late. This book's cover was the first thing that grabbed my attention, because it looks so restful and inviting. The content is even better! Lisa Woodruff writes in such a friendly, approachable style, I feel as though I'm chatting with a friend (and taking notes) while reading her book. I've already come away with ideas I'll be using (the Sunday Basket idea is just one, and it's genius!), and I will recommend this book to everyone I know who cares about keeping their homes and lives better organized. I'm so grateful for this book!

If you're someone like me who is always tidying up and never getting it done, if you hate housework, you have kids and family who mess up your home, this is the book for you. It was a light bulb moment for me when I read the words "Organisation is not a destination its a journey". Understanding your mindset, and the various stages of life that heap more and more stuff on us, is crucial before you even begin to try to tidy. This is not a book about chucking everything out, its a system to first identify what you want, chuck the rest, and only then start organizing. A real gem of a book, you can give it to your child, teenager, parent or grandparent, there are real steps for each stage. With interesting episodes and stories throughout, it becomes more of a novel. Everyone needs someone like Lisa in their lives, now you have her book! I changed my review to 5 stars because I reread parts of the book because I was, yes, you got it, tidying up, and using the 'sunday basket' method. Then the 10 jobs to outsource struck me like a ton of bricks..what a gem, you don't have to spend time cleaning and tidying, when you can be spending that time with your hubby or kids. Is this tidying up book, or a book about getting rid of mother guilt? Fantastic. You will never feel guilty about having just a slightly messy house, or getting in a cleaner or getting the laundry done, or ordering online!

I have such clutter issues, and have several books on organization. I have hired several organizers,

and spent much money for that privilege. The struggle is so real, that I read as much on it as I can. I have taken 2 on-line courses on organizing... joined on-line groups for support, but Lisa's productivity knowledge inspires me to work with a new perspective. My mindset has always been a "grit your teeth, your feet are already in the stirrups"... When I read the titles to her chapters, I was confused with the coffee cup one. Now, that image is firmly embedded in my mind. I also found myself coveting the youthful Lisa, organizing friends and clients homes for free- because she was bored. suggests this book takes 3 hours to read. The time seemed to go much faster. Lisa will be your new best friend.

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